



ADT-PSYCHOLOGY TO BACHELOR OF ARTS IN SPORTS PSYCHOLOGY PATHWAY

Students who have earned an Associate of Art Transfer (AA-T) Degree in Psychology from a California Community College are eligible to waive the general education requirements for the Bachelor of Arts in Sport Psychology degree at National University. At the time of enrollment, student should have completed a California Community College-ADT program within the last 36 months and be admitted to the National University degree program that correlates to the ADT. Please note the student is required to complete the upper division and cultural diversity general education requirements. Students must complete a minimum of 180 quarter units to complete the **BACHELOR OF ARTS IN SPORTS PSYCHOLOGY DEGREE**.

REQUIREMENTS FOR BACHELOR OF ARTS SPORT PSYCHOLOGY (13 courses; 58.5 quarter units)	
PSY 302 Foundation of Sport Psychology	BIO 385 Biomechanics of Sport
PSY 448 History of Sport & Sport Psych	BIO 386 Exercise Physiology
PSY 300 Social Psychology of Sport	PSY 340A Counseling Techniques I
HUB 441 Research Design and Analysis	PSY 445 Applied Sport Psychology
PSY 303 Motor Learning	PSY 442 Case Studies Sport Psychology
PSY 305 Exercise Psychology	PSY 485 Sport Psychology Sr. Project
PSY 443 Culture and Sport Psychology	
UPPER-DIVISION ELECTIVES (3 courses; 13.5 quarter units)	
Students not pursuing a minor must choose three (3) Upper-Division Elective courses offered by the College of Letters and Sciences. It is strongly recommended that students select at least two (2) of their required electives from the following courses:	
PSY 427 Biological Psychology	PSY 430 Intro to Psychopathology
PSY 428 Developmental Psychology	PSY 432 Social Psychology
PSY 429 Intro to Personality Theory	PSY 433 Cognitive Psychology
PSY 446 Positive Psychology	
ADDITIONAL REQUIREMENTS	
Upper Division General Education 1 Course, 4.5 quarter units 13.5 quarter units to meet overall program unit requirements	

Note: These requirements are subject to change. Please see the [National University's Online General Catalog](#) for official record of requirements for the year you are admitted.